

### LET THE FITNESS & RECREATION CENTER HELP YOU!

The Fitness & Recreation Center (FRC) at The Loop Campus celebrates its 33rd anniversary in 2017, and offers a variety of classes, programs, and opportunities to get fit!

#### January Promotion

Join the FRC in January and pay no enrollment fee — a savings of \$50. Membership is \$25 per month with no contract.

#### First Place 4 Health Orientation

**Today @ 4-5p and Sun, Jan 29 @ 2-3p — The Loop (Rm 258)**

Learn about this Christ-centered weight-loss program focusing on emotional, mental, physical and spiritual wellness.

#### Fitness Expo

**Sun, Jan 29 @ 12:15-2p — The Loop (Fitness & Rec Ctr)**

Discover all that the FRC has to offer at Expo 2017 with class demonstrations, health screenings, kids' programs and much more! In the health industry? Consider being a vendor at Expo! Learn more about all the FRC has to offer at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Becca.Wooldridge@HoustonsFirst.org](mailto:Becca.Wooldridge@HoustonsFirst.org)

### FOUNDATIONS OF THE FAITH UNSTOPPABLE GOSPEL

#### Jan 29-Mar 5 | All Campuses

For six Sundays, adult Life Bible Studies at every campus will look at the Unstoppable Gospel — a study that builds upon Pastor Gregg's book by the same title. We'll journey through the early days of the church and discover what made the early church so powerful. Learn more about the series at [HoustonsFirst.org](http://HoustonsFirst.org), and download the related "Bible Studies for Life" app on iTunes or Google Play.

### WORLD MISSION OFFERING

#### Nov 2016-Jan 2017

Given beyond our regular tithes, the World Mission Offering supports missionaries in Texas, in the USA and around the world. Use designated envelopes at your campus, give online at [HoustonsFirst.org](http://HoustonsFirst.org), or text your campus code to 779777 for a link to give on your mobile device (HFBCLoop, HFBC Cypress, HFBCDowntown, HFBCespanol, HFBCSienna).

### SUNDAYS AT HOUSTON'S FIRST

#### The Loop Campus

7401 Katy Fwy  
Houston, TX 77024  
Worship 9:15a-11a-5p  
Life Bible Studies  
8a-9:15a-10:45a-6:30p

#### Cypress Campus

Smith Middle School  
10300 Warner Smith Blvd  
Cypress, TX 77433  
Worship 9:30a & 11a  
Life Bible Studies 9:30a & 11a

#### Downtown Campus

1010 Lamar (Tunnel Level)  
Houston, TX 77002  
Worship 11a  
Life Bible Studies 9:30a

#### Espanol Campus

7401 Katy Freeway  
Houston, TX 77024  
Worship 5p  
Life Bible Studies 6:30p

#### Sienna Campus

4309 Sienna Pkwy  
Missouri City, TX 77459  
Worship 9:30a & 11a  
Life Bible Studies 9:30a & 11a



#### Learn to Pray

**Wednesdays, Feb 1-Mar 8 @ 6:30-8p — The Loop (Garden Rm)**

Join Minister of Mobilization Jerrell Altic and Assimilation & Missions Associate Kevin Spivey as they teach principles on how to pray and about the power of prayer in the life of the believer.

**For more information on Giving Life Away, contact** [Charlotte.Nease@HoustonsFirst.org](mailto:Charlotte.Nease@HoustonsFirst.org).

### LIFE BIBLE STUDIES

Life Bible Studies are the primary method for connecting with others and growing together at Houston's First. Visit [HoustonsFirst.org](http://HoustonsFirst.org) to find one that's right for you, or ask the Guest Experience (GX) team at your campus for assistance.



### SHUTTLE PARKING

Do you attend The Loop on Sunday mornings? Use shuttle parking to make room for others! It's a simple way to expand the ministry of our church. Get details on the five garages at [HoustonsFirst.org](http://HoustonsFirst.org).

### THERE'S MORE TO CHURCH THAN SUNDAY MORNINGS

The Loop has a worship service at 5p and Life Bible Studies at 6:30p. The message is the same as the morning service with room to park on campus! So, go on a weekend getaway, get your grocery shopping done, or just sleep in—and then go to church on Sunday night!



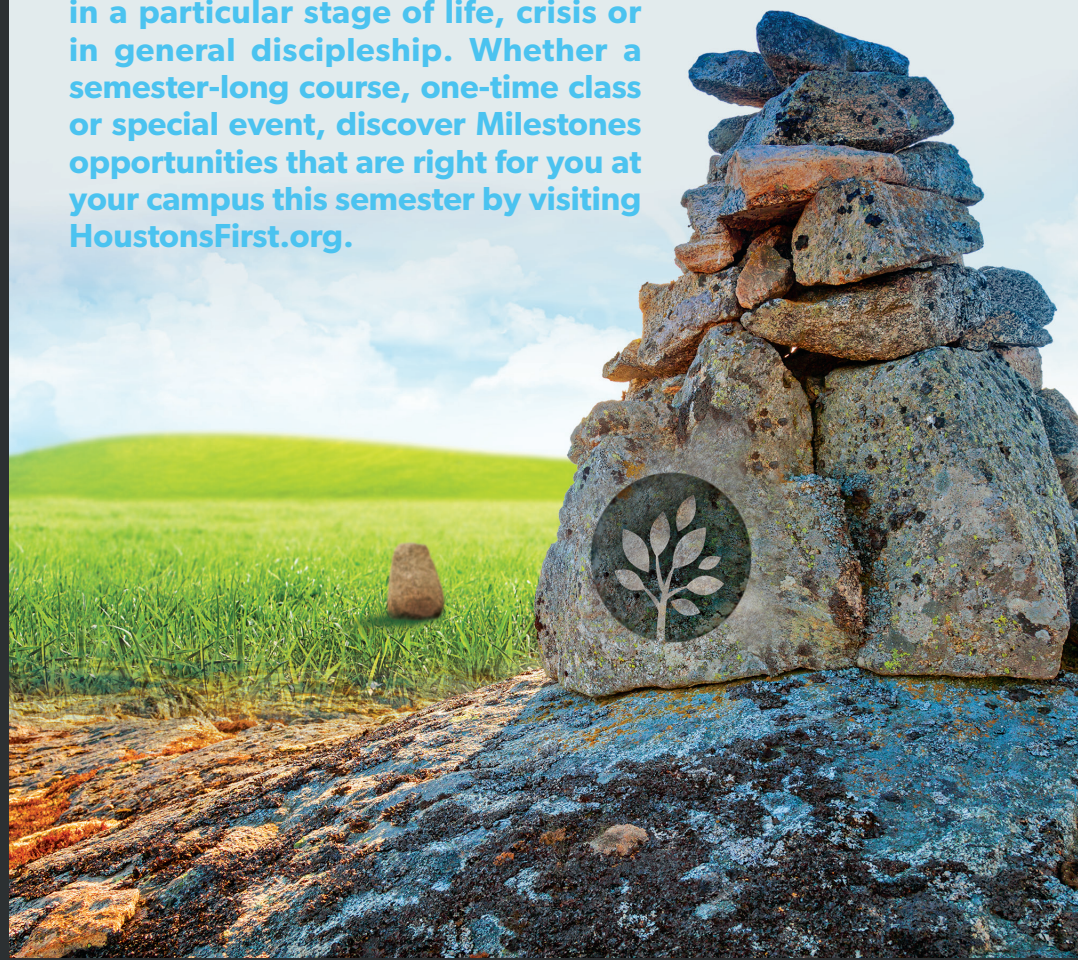
HOUSTON'S FIRST  
BAPTIST CHURCH  
PASTOR GREGG MATTE

Weekly Guide  
Jan 15, 2017

# MILESTONES

## HOW WILL YOU GROW YOUR SOUL THIS SEMESTER?

Milestones is a framework for adult discipleship that extends beyond Life Bible Studies to equip people in a particular stage of life, crisis or in general discipleship. Whether a semester-long course, one-time class or special event, discover Milestones opportunities that are right for you at your campus this semester by visiting [HoustonsFirst.org](http://HoustonsFirst.org).





## ALL CAMPUSES

### HighPoint Bible Study

**Wednesdays @ 11:30a — 1010 Lamar (Tunnel Level)**

This weekly downtown Bible study is open to everyone! Dr. David Self is teaching this Wednesday at 12:10p. Bring your lunch or purchase one there for \$8. Visit [HoustonsFirst.org](http://HoustonsFirst.org) to learn more.

**CONTACT** [Diane.Bagby@HoustonsFirst.org](mailto:Diane.Bagby@HoustonsFirst.org)

### First H.O.P.E.

**Jan 26-27 @ 9a-4p — The Loop (Rm 602A)**

Have you ever struggled to understand “who” God is calling you to be and “what” God is calling you to do? The First H.O.P.E. job ministry is having a special event — “The Only One Standing in Your Way is You,” with special guest speaker, Fred Lowe. Register online for just \$30 at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Bob.Stroud@HoustonsFirst.org](mailto:Bob.Stroud@HoustonsFirst.org)

### Midnight Madness

**Fri, Jan 27 @ 5:30p-Midnight — The Loop**

Current and prospective Life Bible Study leaders from each Houston’s First campus will gather for this annual equipping event for great training, inspiring vision, fantastic giveaways, interactive fun — and food, of course! Learn how Life Bible Study is a critical part of the mission of Christ and come together as leaders from all age groups and leadership positions to focus on how each leader can serve with excellence. Register at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Alisa.Williams@HoustonsFirst.org](mailto:Alisa.Williams@HoustonsFirst.org)

## NEXTGEN MINISTRIES

### Rush Week

**Jul 21-27 — Panama City Beach, FL**

Students entering 7th-12th grades are invited to this unique experience! Rush Week is 50% camp and 50% missions. Students partner with local churches in Panama City, FL, to assist in ministry, service projects, and evangelism to the city each morning. In the afternoon we play, compete, laugh, relax, worship, and learn more about God. This is the largest event The HUB Student Ministry organizes and we want YOU to be there! Registration begins Sun, Jan 22, at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Tony.Bianco@HoustonsFirst.org](mailto:Tony.Bianco@HoustonsFirst.org)

## COLLEGE/SINGLES/MARRIED

### The Porch Live

**Tuesdays @ 7:30-9p — The Loop (Worship Center)**

Houston’s First is partnering with The Porch Dallas to bring The Porch Live worship experience to Houston for a new season beginning Tue, Jan 17. People in their 20s and 30s gather on Tuesday nights for live worship, great teaching and fellowship. Come see what The Porch Live is all about at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Joshua.Bagby@HoustonsFirst.org](mailto:Joshua.Bagby@HoustonsFirst.org)

## SINGLE YOUNG ADULTS

### Snow Jam

**Apr 6-10 — Winter Park, CO**

Have you been skiing before? Cool! Never skied? Fantastic! Summit Snow Jam 2017 is great opportunity to spend time in the mountains building friendships through shared activity. We enjoy the beauty of God’s creation and the fun of skiing, and then join together nightly for Christian fellowship and quality time. Learn more about the trip and pricing and register by Mar 6 at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Joshua.Bagby@HoustonsFirst.org](mailto:Joshua.Bagby@HoustonsFirst.org)

## MARRIED YOUNG ADULTS

### Mingling of Souls

**Feb 10-11, 2017 — The Loop (Worship Ctr)**

Houston’s First welcomes back Matt and Lauren Chandler as they present the Mingling of Souls Marriage Conference live at The Loop Campus. With new content to share, Matt and Lauren will cover the following areas at this citywide event open to married couples of all ages: The Covenant, Progress, Common Grace, and The Long Game. Find out more about pricing, childcare and registration at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Kristin.Hawkinson@HoustonsFirst.org](mailto:Kristin.Hawkinson@HoustonsFirst.org)

## WOMEN

### The Table

**Thursdays, Feb 2-Mar 9 @ 6:30-8p — The Loop (Worship Ctr)**

Women of all ages are invited to experience the presence of Christ through the power of the Holy Spirit! Kay Altic, Kelly Matte and Star Smith will teach as women from across Houston join together at The Table to embrace the hope and provision found in Scripture. Register for childcare at [HoustonsFirst.org](http://HoustonsFirst.org) for just \$10 per child per night (\$5 each additional child).

**CONTACT** [Meredyth.Cann@HoustonsFirst.org](mailto:Meredyth.Cann@HoustonsFirst.org)

## MEN

### Warrior’s Heart

**Thursdays @ 6:30-7:30a — The Loop (Garden Rm)**

Warrior’s Heart is a weekly morning Bible study for men focusing on clear biblical teaching followed by real conversations. Our new series, “The Core Values of Manhood” covers Brotherhood, Truth, Courage, Honor, and Mission. Eric Reed is teaching and breakfast is available for purchase in the Cafe. Registration at [HoustonsFirst.org](http://HoustonsFirst.org) is encouraged, but not required.

**CONTACT** [Emily.Brown@HoustonsFirst.org](mailto:Emily.Brown@HoustonsFirst.org)

## THE LOOP

### MidLink Movie: “The Insanity of God”

**Wed, Jan 18 @ 6:30p — The Loop (Worship Center)**

After their son’s death, Nik and Ruth Ripken journeyed into the depths of the persecuted church asking: IS JESUS WORTH IT? This movie tells their story of being taught by persecuted believers “how to follow Jesus, how to love Jesus, and how to walk with Him day by day even when it doesn’t make sense.” The movie is free to attend! Come early for dinner at MidLink Cafe (4:45-6:15p) and take your kids (Birth-5th grade) to NextGen programming while your 6th-12th graders come along with you to the movie.

**CONTACT** [Courtney.Schisler@HoustonsFirst.org](mailto:Courtney.Schisler@HoustonsFirst.org)

### MidLink / Milestones Preview Night

**Wed, Jan 25 @ 6:15p — The Loop**

As a follow-up to “The Insanity of God” last Wednesday night, gather in the Chapel from 7-8p to hear about “ministry in dark places” from Benjamin Lee, who’s currently serving in China. But before that, the Milestones Open House in the Main Foyer from 6:15-7p will allow you to discover the offering of Milestones spring semester classes. NextGen programming for all ages (Birth-12th grade) will be available, along with MidLink Cafe from 4:45-6:15p.

**CONTACT** [Courtney.Schisler@HoustonsFirst.org](mailto:Courtney.Schisler@HoustonsFirst.org)

## WOMEN

### IF: Gathering

**Fri, Feb 3 @ 7-10p & Sat, Feb 4 @ 9a-12p — The Loop (Chapel)**

This local two-day gathering will bring women together from around the world to look at one of the most influential generations that have ever lived — the early church. The way God moved through them was simple and pure. We believe they are the model we need right now. Find out more about the local “IF: Gathering” and register at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Meredyth.Cann@HoustonsFirst.org](mailto:Meredyth.Cann@HoustonsFirst.org)

## CYPRESS

### MEN

### Fight the Good Fight

**Tuesdays @ 6:30-7:30a — Cypress Ministry Center**

What does it look like to fight like a man of God? God has called us to fight for our marriages, our families, and our spiritual health. Join the men of Cypress as we explore, not how to fight like a man, but how to fight like a man of God.

**CONTACT** [Susan.Newman@HoustonsFirst.org](mailto:Susan.Newman@HoustonsFirst.org)

## DOWNTOWN

### Spring Milestones Preview Meeting

**Sun, Jan 22 @ 12:45-1:30p — 1010 Lamar**

Come hear about the Downtown Campus’ upcoming Milestones classes for this semester! Hear a bit about each class, gather information, and get your questions answered. Learn more about Milestones at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Peter.Lee@HoustonsFirst.org](mailto:Peter.Lee@HoustonsFirst.org)

## ESPAÑOL NEXTGEN MINISTRIES

### Career & Education Day

**Sat, Feb 18 @ 9a-3p — George R. Brown Convention Center**

Middle and high school students and parents are invited to join us in a day full of college information and financial aid provided by the Houston Hispanic Forum. This event is free but registration is required at [HoustonsFirst.org](http://HoustonsFirst.org).

**CONTACT** [Karina.Bazaldua@HoustonsFirst.org](mailto:Karina.Bazaldua@HoustonsFirst.org)

## SIENNA

### Daddy-Daughter Sock Hop

**Fri, Feb 3 @ 6-8p — Sienna Worship Center**

Calling all dads, grandpas and uncles! Treat your little lady to a night of fun at the hop! You and your special girl will enjoy dinner and dessert, and then dance the night away. The Sock Hop is open to girls (and dads) of all ages, and ‘50s attire is encouraged! Register at [HoustonsFirst.org](http://HoustonsFirst.org) for \$8 per person; \$20 max/family.

**CONTACT** [Cara.Buis@HoustonsFirst.org](mailto:Cara.Buis@HoustonsFirst.org)

#### As a courtesy to others

- Silence cell phones
- Use restroom before worship service
- Remain seated once message begins
- If you leave, re-entry may not be allowed

#### At the end of the worship service as people are invited to accept Christ or join the church

- Remain in the Worship Center
- Pray as people respond
- Exit after we are dismissed