

# Is It Well with My Soul? Confession and Lament in Christian Soul Care

Fri, Oct 29-Sat, Oct 30, 2021

Houston's First Baptist Church – Downtown Campus

Sponsored by the *Gideon Institute of Christian Psychology & Counseling of Houston Baptist University* and the *Julianna Poor Memorial Counseling Center of Houston's First Baptist Church*.

## **Friday: Confession and Lament in Christian Therapy**

**10:30-11:30a - Time of Reflection, Meditation, and Prayer**

- Rev. Greg Brown, Spiritual Director, Impact 360 Institute

**11:30a-12:30p - Lunch (on your own)**

**12:30-1:00p - Worship and Welcome:** Andy Gullahorn & Michael Cook

**1:00-1:50p - Opening Session**

- Eric Johnson & Adam Mason  
(*Is It Well with My Soul? The Roots and Fruits of Confession and Lament*)

**2:00-2:50p - Session 1: Workshops for Mental Health Professionals**

- 1) Rick Marrs, Ph.D., Concordia Theological Seminary  
(*Lament, the Theology of the Cross, and Christian Soul Care in the 21<sup>st</sup> Century*)
- 2) Natalie K. Pickering, Ph.D., BCC, MISC  
(*Therapeutic Confession: A Consideration of Barriers, Bridges, Do's and Don'ts*)
- 3) Paul Loosemore, Ph.D., Assistant Professor of Counseling, Covenant Theological Seminary  
(*Living with Dandelions: Working with Grief to Facilitate Joy*)

**3:00-3:20p - Break**

**3:30-4:20p - Session 2: Workshops for Mental Health Professionals**

- 1) Jeremy Lelek, Ph.D. Director of the Association of Biblical Counseling
- 2) William Orme, Ph.D., Psychotherapist and spiritual director, Methodist Hospital  
(*Using Lament in Times of Spiritual Dryness and Desolation*)
- 3) Michael Cook, Ph.D., Director, Gideon Institute of Christian Psychology & Counseling  
(*Confession as a Therapeutic Strategy*)

**4:30-5:20p - Final Session:**

- Chad Bird, Old Testament scholar and truck driver  
(*Wounded Prayers: Relearning the Language of Lament*)

**5:30-7p – Dinner (on your own)**

**7-9-p - Evening session**

- Andy Gullahorn: Christian songwriter and performer,
- Kay Warren: Mental health advocate and Christian leader; Saddleback Church: (*The Power of Lament in Grief*)

**Saturday: Confession and Lament in the Christian Life**

**8-8:30a - Time of Reflection, Meditation, and Prayer**

- Rev. Greg Brown, Spiritual Director, Impact 360 Institute

**8:00-8:45a - Donuts and coffee**

**8:45-9a – Welcome and Worship**

**9-9:50a - Opening session**

- Chad Bird, Old Testament scholar and truck driver.  
(*Praying through Hell and Hallelujah*)

**10-10:50a - Breakout Session 1: The Bible's Approach to Sin, Suffering, and Trauma**

- 1) Ann Ahrens, Ph.D., Professor of Music & Worship  
(*Worship's Unsung Melody: The Place of Lament in Church*)
- 2) Mark Talbot, Ph.D., Associate Professor of Philosophy, Wheaton University  
(*Breathing Lessons*)
- 3) Gunner Gundersen, Ph.D., Pastor, Bridgepoint Bible Church, Houston, TX; and OT theologian  
(*Walking in the Light: Learning to Practice Biblical Confession with God and Others*)

**11-11:50a - Breakout Session 2: Different Kinds of Suffering**

- 1) Nicolene Joubert  
(*The Paradox of a Christian Suicide and the Impact on Those Left Behind*)
- 2) Tiffany Childs  
(*The Lord is Close to the Infertile and Saves Those who have Lost Children*)
- 3) Kay Warren, Co-Founder, Saddleback Church – Mental Health & Suicide Prevention Advocate
- 4) Nancy MacDonald LMFT  
(*Lament in the Midst of Post-Adoption Trauma*)
- 5) Gene Burrus  
(*Same-Sex Attraction: Pain, Endurance, & Hope*)

**12-12:50p - Lunch and Closing Worship** (lunch provided)

**12:50-1:30p - Final Session**

- Eric Johnson – (*Opening Up to the Resurrection in Word and Deed*)