



June 26, 2016 • Dr. Gary Rosberg, President & CEO of America's Family Coaches

Proverbs 13:22 (NASB)

Circle the top three hot buttons you experience in relational conflict:

- |                 |                       |                    |                       |                    |
|-----------------|-----------------------|--------------------|-----------------------|--------------------|
| • Rejection     | • Powerlessness       | • Inferiority      | • Feeling unimportant | • Danger           |
| • Judgment      | • Being misunderstood | • Worthlessness    | • Feeling ignored     | • Feeling disliked |
| • Disconnection | • Being scorned       | • Feeling devalued | • Neglect             | • Mistrust         |
| • Loneliness    | • Being invalidated   | • Humiliation      | • Condemnation        | • Despair          |
| • Failure       | • Feeling defective   | • Abandonment      | • Feeling unwanted    | • Unhappiness      |

[illegible]