

## January 25, 2009 • Pastor Gregg Matte

Part Three
1 Thessalonians 4:9-12 (p. 836)
• It begins with a desire to, not follow rules.  1 Thessalonians 4:1-2 (p. 836)
• What is godly and great sex? 1 Corinthians 7:1-7 (p. 809)
not getting
: From the most trusted person in the world, your spouse Proverbs 5:15-19 (p. 452)
• How to avoid bee stings and hear birds sing. Proverbs 5, 6 & 7 (p. 452 & 453)
<ul> <li>Parents</li> <li>Build and protect appropriate emotional and physical bridges</li> </ul>
Begin a conversation early (5-8 years old)
Become an askable parent
- Married Grow your marriage daily
Help each other cross the bridges
Be not roommates 1 Corinthians 7:5 (p. 809)
- Singles and Students Protect your
Don't compromise
your heart and life Proverbs 4:23 (p. 452)



In response to questions and requests that have come in from the sermon last week the counseling center is offering a one-time information meeting next Wednesday, January 28 from 5:45-6:15 pm in room 602 for family and friends of people who struggle with homosexual issues. The focus will be to inform you on how to minister/love those you have a relationship with and process some of the difficult decisions you have to consider as well as offering some other resources.

# Julianna Poor Memorial Counseling Center Recommendations

### **Books Dealing with Sexual Purity**

How and When to Tell Your Kids About Sex – Stan and Brenna Jones

Every Man's Battle - Steve Arterburn

Every Woman's Battle - Steve Arterburn

Every Young Man's Battle - Steve Arterburn

Every Young Woman's Battle - Steve Arterburn

Out of the Shadows - Patrick Carnes

Shattered Vows - Debbie Laaser

Breaking Free - Russell Willingham

False Intimacy - Harry Schaumberg

Passion and Purity - Elizabeth Elliot

Sex and the Supremacy of Christ – John Piper

Addicted to Love - Stephen Arterburn

Addiction...Banquet at the Grave – Edward T. Welch

 ${\it Untangling the Web: Sex, Porn and Fantasy Obsession} - {\it Robert Weiss, Jennifer Schneider}$ 

Pursuing Sexual Wholeness – Andrew Comiskey

Someone I Love is Gay: How Family and Friends Can Respond – Anita Worthen, Bob Davies

Growth Into Manhood – Alan Medinger

How Will I Tell My Mother – Jerry Arterburn

Helping People Step Out of Homosexuality – Frank Worthen

# Helpful Websites

www.sexhelp.com www.hopeandfreedom.com www.xxxchurch.com www.xxxchurch.com

www.exodus-international.org www.ccrhouston.org www.desertstream.org www.narth.com

# Filters and Accountability Software

www.bsafehome.com – filter www.covenanteyes.com – accountability www.accountable2you.com – free accountability www.x3watch.com www.wisechoice.net – filter/accountability www.internetsafety.com

For more information or to schedule a counseling appointment please contact the Counseling Center at HoustonsFirst.org (What We Do > Counseling) or call 713.335.6462.