



FIRST PLACE + FITNESS | REC



WELLNESS MINISTRY

that **C-A-R-E-S** for women

COMMUNITY ~ ACCOUNTABILITY ~ RESTORATION ~ EMOTIONAL STRENGTH

BIBLE STUDY CLASSES

FIRST PLACE FOR HEALTH

Daytime Class
12:00 noon - 1:15
leader: Carole Lewis

NEW BEYOND WELL

Evening Class
6:15-7:45
Leaders: Michelle Peters
& Debbie Brown



RECHARGE PHYSICALLY | RENEW EMOTIONALLY | REFRESH SPIRITUALLY