

FITNESS/REC FALL '22

Wellness Bible Study

Traditional FP4H Program

Bible Study "God My Refuge" by Debbie Behling

Class Begins August 30th



**First Place for Health
Tuesdays
August 30 - November 8
12:00 - 1:15
Rm 258
Teaching Leader: Carole Lewis**

**RECHARGE PHYSICALLY | RENEW EMOTIONALLY
REFRESH SPIRITUALLY**