

Family Team Procedure for Foster/Adopt Families or Families with Attachment/Trauma Issues (Family Team Members involved in determining most effective treatment.)

1. Initially: Parents go online to our “Family Counseling” web page. They click the link to watch the [Parent Information Session](#) video, which provides information about the basis of our treatment process. After watching the video, parents interested in requesting counseling services at our center can fill out the [Family Counseling Inquiry Form](#). Counselors Greg Curnutte and Mary Ring will receive this form and determine the next best step for the family situation—either to recommend a parent intake or provide a community referral.

2. Scheduling: When an administrative assistant receives instructions to do so, he/she will schedule a parent intake and provide parents with information to access the web portal and fill out all necessary forms to start the counseling process.

3. Intake Interviews: Parents (no children present) will come in for an intake interview with a family team therapist.

4. Assessments: Following the parent intake interviews, counselors will decide which assessments need to be administered. These assessments may include the following:

- **MIM**—Video-taped session of each parent with child.
- **NMT**—Neurodevelopmental assessment completed by Mary Ring and parents.
- **Family sessions** doing experiential activities guided by a therapist.

* **Parent Modules:** Parents are strongly encouraged to begin [parent modules](#) at this time. **Six** parent modules specifically focused on foster/adopt families are a part of our treatment process. We find that parents who participate in these modules **receive the most effective benefit** during treatment for their child. The goal is to always provide the most efficient and effective interaction for all in the family.

5. Feedback Session with Parents: After completing the assessments, parents will meet with a therapist to develop a treatment plan. After this session, treatment sessions will be scheduled.

6. Treatment: Sessions begin as determined by therapist and parents in the feedback session.

Possible Treatments

- Theraplay
- Regulation and Sensory Activities
- Experiential play therapies for child or all the family
- Integrated Family Therapy Involving EMDR
- Possible Play Therapy (if determined to be the best approach for involved issues)