



# Holy Week

## Discussion Guide

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HOUSTON'S FIRST  
BAPTIST CHURCH

# Summary

Ephesians 1:18-23 encourages us to live from the eyes of our heart rather than from our head. The resurrection of Jesus calls us to live deeply rather than on the surface, focusing on long-term transformation rather than short-term frustrations. The passage highlights three key truths: the hope of His calling, our glorious inheritance, and the resurrection power that enables us to live victoriously in Christ.

# Intro Prayer

Heavenly Father, open the eyes of our hearts so that we may truly see the hope, inheritance, and power You have given us through Jesus' resurrection. Help us to live deeply in Your truth rather than being consumed by surface-level concerns. Guide our discussion and transform our hearts. In Jesus' name, Amen.



# Ice Breaker

What is your favorite Easter tradition and why?

What is one thing that has given you hope in a difficult season of life?

# The Hope of His Calling

Why do you think hope is so essential in our lives?

How does Jesus provide a hope that is different from what the world offers? (Example: Jesus as our lifeboat, like a life preserver on the Titanic)



# **Our Glorious Inheritance**

**What does it mean to receive an inheritance that  
we did not earn?**

**Can you think of a time when you lived as if you had to earn  
God's love instead of receiving it?**

# **Living from Resurrection Power**

**How does the resurrection demonstrate God's power?**

**What is the difference between living in our strength versus  
living in God's resurrection power?**



# Being Filled by Christ

Ephesians 1:23 says that Jesus fills us. Why do we sometimes feel empty rather than full?

How can we position ourselves to be filled by Him daily?

## Life Application

Reflect on an area of your life where you need to shift from surface-level living to deeper trust in God. Identify one way you can change a short-term frustration to an eternal perspective.

Pray daily for God to open the eyes of your heart to see His hope, inheritance, and power in your life.



# Key Takeaways

**Hope in Christ** is unshakable and eternal.

**Our inheritance** is received by grace, not earned by works.

**Resurrection power** enables us to live victoriously beyond our own strength.

**Jesus reigns and fills us**, giving purpose and meaning beyond surface-level concerns.

# Ending Prayer

Lord Jesus, thank You for the hope, inheritance, and power You have given us through Your resurrection. Help us to live from the eyes of our heart, trusting in Your guidance and filling. May we go deeper in our faith and reflect Your love in all we do. In Your mighty name, Amen.

