

COVID-19 Daily Schedule

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| 8:00AM | WAKE UP | Eat breakfast, make bed, get dressed. |
| 9:00AM | FAMILY WALK | Use this as intentional time to talk and have FUN! |
| 10:00AM | ACADEMICS | No electronics for this time. Reading time, flash cards, etc. |
| 11:00AM | CREATIVE PLAY | Grab the legos, make some play dough, draw, paint. |
| 12:00PM | LUNCH | Let the kids help prepare if you dare! |
| 12:30PM | CHORES | Spring Cleaning anyone? |
| 1:00PM | QUIET TIME | Nap, reading, quiet play ,soft music. |
| 2:30PM | ACADEMICS | Educational Apps or television |
| 4:00PM | OUTSIDE PLAY | Bikes and rollerblades, play catch. Pray away the pollen. |
| 6:00PM | DINNER | Eat and get showers in. Start the wind-down. |
| 7:30PM | FAMILY DEVOTIONS | |
| 8:00PM | BED TIME | Tuck them in and say your prayers because Jesus and Germs are everywhere. |