

**January 27, 2016**  
**“Fear: the Enemy of Faith”**  
**Jonah 1**

- I. Fear prompts Disobedience *“The word of the LORD came to Jonah son of Amittai: <sup>2</sup> “Get up! Go to the great city of Nineveh and preach against it, because their wickedness has confronted Me.” <sup>3</sup> However, Jonah got up to flee to Tarshish from the LORD’s presence. He went down to Joppa and found a ship going to Tarshish. He paid the fare and went down into it to go with them to Tarshish, from the LORD’s presence.” (1-3)*
  
- II. Fear promotes Doubt
  - A. History
  - B. Theistic View
  - C. Relationship with God
  - D. Direction
  - E. Empathy
  - F. Receptivity
  
- III. Fear plays into Depression
  - A. Rebuke *“What is this you’ve done?” (10)*
  - B. Request *“What should we do to you to calm the sea that’s against us?” (11)*
  - C. Responsibility *“Pick me up and throw me into the sea...for I know that I’m to blame.” (12)*
  - D. Killer D’s: Disappointment, Doubt, Defeat, Discouragement, Despair, Depression
  - E. Revival *“The men feared the Lord even more, and they offered a sacrifice to the Lord and made vows.” (16)*
  - F. Rebound *“Now the Lord had appointed a huge fish to swallow Jonah, and Jonah was in the fish three days and three nights.” (17)*

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